# **Martin Luther King Girls Soccer**

# Values

#### **Passion**

• Show us that you have soccer in your heart! Always test your limits, and always try to do your best, to do better than your best. Good isn't good enough! You will, you can, and you do!

# Dependability

• Stand behind your words. Keep your promises. Your coaches and teammates have to know what they can expect from you.

# Loyalty

• Stick with the people you love and stick up for your sport. Here today, gone tomorrow? No way! Everyone needs to know where she belongs in life.

# Modesty

Keep your feet on the ground – fame is fleeting!

#### Communication

• Don't be afraid to talk. Express your ideas, your objections and feelings, and choose the right tone, the right situation and the right words. Listen when coaches, teachers or teammates have something to say to you. Whatever it's praise criticism – it's the only way to improve yourself!

# Awareness of opportunities

• Go through life with your eyes open, be awake and alert. Seize the opportunities, our training and education programs provide, because you only get one chance!

#### Hard work and Ambition

 Nothing comes for free. Keep your eyes on the prize. Your goal should be realistic but still challenging!

# Responsibility

Take responsibility – It's the only way to grow!

#### Team spirit

United we stand: The only way to win is to win as a team. Every other player is just as important as
you are. Push yourself, go the extra mile help the others. Get to know your teammates and take care
of them.

#### Solid roots

• Your love for home and family is your spiritual foundation, your guiding light in life.

#### Family ties

Your mother and father helped make you what you are. You can always turn to them.

#### **Openness and honesty**

• Trust can only be built on openness and honesty. Without trust there's no solidarity, without solidarity no team spirit, without team spirit no success!

# Fair play

 Of course we want to win all the tournaments and championships, but never at the expense of fair play. Respect the rights of others, including opponents. Your talent, your willpower and your team are all you need to win!

## **Discipline**

• Discipline is one of the most important virtues of all – in sports as well as life. Collective endeavors can only succeed if everyone follows the rules!

## **Consideration and respect**

• Show consideration and respect for the actions, ideas and opinions of teammates, referees, coaches, teachers, and opponents!

#### **Enjoyment of the game**

• Enjoy what you do – think positive!